

SAM VILLA HAIR AFFAIR 2017

BRAIDING RHYTHMS

2 Strand Pull Through

1. Middle part front to back.
 2. Left Half in left hand and Right Half in right hand.
 3. With right hand slice with index finger and open with thumb.
 4. Pass left section through open slice to right hand.
 5. Sliced section is now in left hand.
 6. Continue rhythm slicing on right side and pulling left side to right.
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3 Strand Pull Through

1. Slice 3 sections.
 2. With right hand slice with index finger and open with thumb.
 3. Pass middle section through open slice to left hand as right section now becomes the middle.
 4. With left hand slice with index finger and open with thumb.
 5. Pass middle section through open slice into right hand as left section now becomes the middle.
 6. Continue rhythm slicing outside sections and passing middle through to right and left.
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4 Strand 2 Step

1. Slice 4 sections.
2. Lets number the section left to right 1-2-3-4.
3. #1 steps over #2 to the right.
4. #3 steps over #4 to the right.
5. #4 now steps over #2 to the left.

Now number the strands again in the position they are 1-2-3-4.

6. Repeat the same above rhythm.
7. #1 steps over #2 to the right.
8. #3 steps over #4 to the right.
9. #4 now steps over #2 to the left.

Continue the rhythm until you reach the end and secure with an elastic.